

# November 2020

Due to the COVID-19 restrictions there will no formal rides organised by the Club. However Members are encouraged to organise their own leisure rides as permitted by the current regulations.

Cycling UK have stated :-

"Exercise outdoors and visiting a public outdoor place for the purposes of open air recreation are both exceptions to the leaving home rule, so you can cycle for exercise or recreation but only alone or with one with one other person who is not a member of your household, linked household (support bubble") or linked childcare household".

"That means group rides are restricted to two people, unless a household or linked household exemption applies".

"There is no restriction on the distance you can cycle for exercise, where within England you can cycle, or the frequency of rides. Guidance says that you should exercise locally where possible, but you can travel to do so if necessary (for example, to access an open space)".

## Meeting points

Both groups meet at Betchworth every Tuesday and Thursday. The Social Group (15/16 mph average) departs at 09.45. The Fast Group (17mph+ average) departs at 10.00.

<b>Meeting Point</b>	<b>Map reference</b>	<b>Postcode</b>
Cheam BR Station, South Side	TQ24457 63387	SM2 7BN
Merstham BR Station	TQ29157 53307	RH1 3EE
Leatherhead BR Station	TQ16308 56897	KT22 7SQ
Cobham and Stoke d'Abernon Station	TQ12338 58857	KT11 3BW
Walton-on-the-Hill pond	TQ 22635 55303	KT20 7RT
Horton Country Club	TQ 19111 61864	KT19 8PL
Carshalton Ponds	TQ 27873 64553	SM5 3NX
Nonsuch Park Mansion	TQ 23385 63593	SM3 8AL
Betchworth	TQ 20978 50805	RH3 7DF
The Railway Pub Cheam	TQ 24297 63420	SM3 8SQ
Wheatsheaf Pub Ewell	TQ 21908 62914	KT17 2AA
Rifleman Pub Epsom	TQ 21014 60951	KT17 1BB
Fort Road Hythe	TR 15395 34428	CT21 6JL